

*Women's Retreat Prayer Poems*  
*April 25 - 26, 2008 ~ Joseph Badger Meadows*

*Prayer poems were written as a practical exercise in Celtic spirituality  
that deals with everyday circumstances.*

*(Poems posted with permission - Led by Rev. Janet Lowery)*



~ ~ ~ ~ ~

*Sandie Wayland*

*Lord, as I go to work, I thank you for this opportunity to be a servant to each of the patients. Give me a day I can handle to the best of my ability. Protect my patients from me. Let them see Jesus in me. ~ Amen*

*Thank you for sleep last night. Thank you for this morning light. Thank you for this happy day and help me keep it just your way. ~ Amen*

*Sandra Perkins*

*Dear God ~ Thank you for providing me with the food and nourishment that I need to sustain me. You know what a chore that I have made to prepare it. I should be grateful and thankful for being so blessed. Thank you for giving me my life and guiding me.*

*Eddie Muzenic*

*Dear Lord ~ Most days I walk or exercise. You know me, Lord. Some days I would rather sleep in or "stay put". I'm grateful for my friends, my walking "buddy" and other Silver Sneaker exercisers. We're all struggling. I'm grateful for my health and my ability to "keep on going" as I advance in age. Thank you for all your blessings Lord. ~ Amen*

*Cheryl Cullison (As I drive to work)*

*Lord ~ I think of you in the morning. You have given me rest all the night through. I thank You. Guide me safely to work. Take away my anxious thoughts of how much I must do today. ~ Amen*

*Anita Chambers (Prayer when brushing the cat)*

*Dear Jesus ~ As I get the cat in a position that is comfortable for both of us, may he be on a chair. May my left hand be gentle as I pet his head, as You always were with those around you. May my brush strokes be over all of him to loosen dead hair and dander as You rid me of the clutter and mess in my life. ~ Amen*

*Sharon Wood (Driving)*

*Dear God ~ Be with me: fill me with focused concentration; equip me with patience for everyone else's driving misdeeds; surround me with your loving protection. Be with those around me: those in the ambulance that passed me by; those that were the unlucky to get caught by the cops; those who drive by with unknown but real hurts. ~ Amen*